

Wellness Consult- Pricing

LEVEL 3- Wellness Comprehensive (Three Month)

This Program is designed for the symptomatic person needing extended guidance, Recommendations and course correction.

What's Included

Your Program includes:

- Intake Forms (Health History, Self-screens, Food Journal etc)
- Extensive Food & Life Style Review
- 1 Hr Results Consult w/ 2 additional Hours of Consult (1each Mo)
- D.R.E.S.S. For Health Recommendations
- 3 Month Unlimited Email Support, Recommendations & Resources

Keep in mind that every recommendation is merely a guideline to help you succeed in your journey towards Balanced Health...but it's up to you to implement.

How It Works & The Steps To Take

1. Call to schedule consult, provide me your email address for Intake Forms & Resource communication, 262-573-9594.
2. Intake Forms
Receive several **forms**, by email from me, **fill them out** and **bring a copy** for my files, with you to the Consult. (keep one copy for your files as well). Forms may include: Health History, Informed consent, various self-screens, 7-day Food Journal, ASI, etc. (If you have any troubles filling out the forms, please feel free to call me.)
3. Extensive Food & Life Style Review
This step takes a lot of time and is done in preparation for the D.R.E.S.S recommendations. I will review all forms & information and put together a complete wellness recommendation.
4. 1 Hr Results Consult w/ 2 additional Hrs of Consult (1 Hr each Month)
Your Results consult should already be scheduled, if not, call me to schedule. In the Results Consult, we'll go over all the forms you filled out, discuss your D.R.E.S.S For Health Recommendations & answer any questions. We will set up 2 additional consults over the next 2 months to monitor progress, answer questions & course correct recommendations.
5. D.R.E.S.S For Health Recommendations
This is a complete guide to Diet, Rest, Exercise, Stress Reduction & Supplementation. Each category is reviewed and suggestions are made based on your life style & wellness needs with the goal of Root Cause Resolution in mind.
6. 3 Month Unlimited Email Support, Recommendations & Resources
In addition to the extensive D.R.E.S.S for Health recommendations, I will provide you with 3 Months of unlimited email support, recommendations and all the resources (articles, recipes, DIY etc) that I can provide you with. Feel free to email me any questions that you may have along the way. I look forward to helping you in your journey!

Wellness Comprehensive **Price- \$345.00** (Fee is due in full at the time of Consult.)

Additional Fees To Consider

Supplements- Supplements may be necessary if there are deficiencies, infections or if they are needed for special support. Fees vary from Protocol to Protocol.

You can check out my online nutritional dispensary at <https://us.fullscript.com/welcome/slaux> and receive a 10% discount every time you shop.

Continued Investigation

There are times when the body has been pushed too far out of balance. In that case, it is necessary to look beyond the diet in order to uncover the underlying causes of certain health issues. Your Practitioner may recommend additional lab tests (at an extra cost) to identify malfunctions in the body's digestive, detoxification, hormonal + immune system in order to uncover the root cause of your symptoms.

When You **CONSISTENTLY CONSUME THE RIGHT FUEL MIXTURE**, you provide your body with the raw materials it needs to **REGULATE, REPAIR** and **REGENERATE** and you allow yourself to move forward in your

Journey Toward Balanced Health!

Back To
BALANCE
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Body ~ Mind ~ Spirit
262-573-9594
www.thejourneytobalance.com